



New Reception
Parents 2021

Transition to
School

Starting School

- * It is completely normal for you and your child to feel nervous about starting school. Please do not worry!
- * Every child starts their journey to school with different prior experiences at home and at nursery.
- * There are lots of ways you can help your child to be 'school ready.'
- * Practising being independent and talking openly about school will prepare and support your child for this transition.



* There are some ideas on the slides that follow.

Preparing for School



Talk to your child about school - discuss positively all of the fun and exciting things that will happen when your child starts school

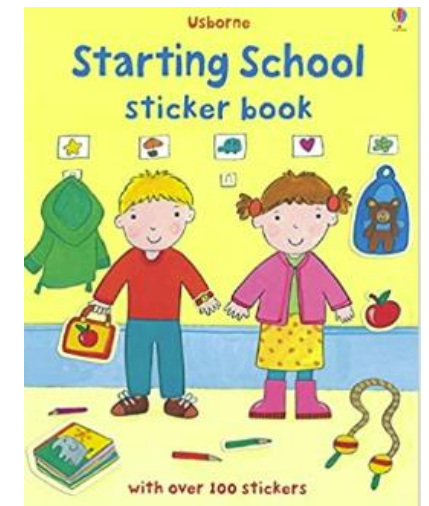
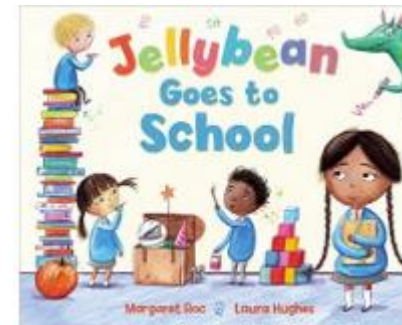
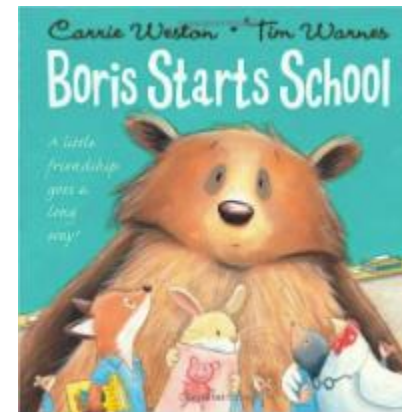
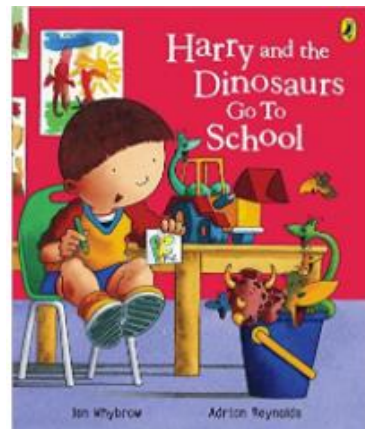
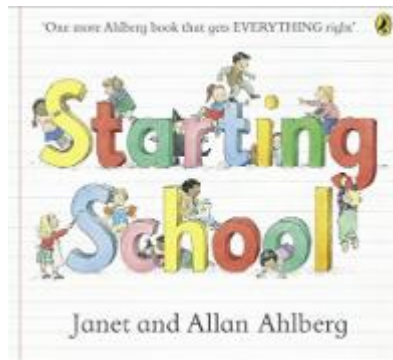
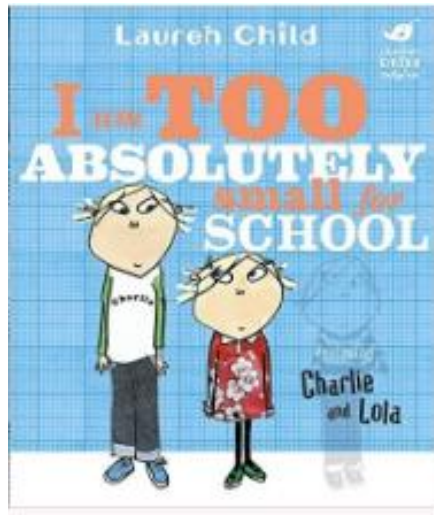


Practise the routine of school - it can be helpful to do a practise journey to school (including getting dressed)



Read starting school books - there are also lots of different starting school books available as bedtime reads

Starting School Book Ideas



Support your child's independence



Getting dressed - practise with your child doing up coats, getting dressed and undressed into school uniform and PE kit and putting on school shoes



Eating - encourage your child to use a knife, fork and spoon and to practise opening items that may be in their lunch box e.g. yoghurt pots and crisp packets



Going to the toilet - ensure your child is able to use the toilet and wash their hands afterwards

It is important to make sure your child feels comfortable doing simple tasks themselves and knows to ask an adult for help if needed.

Other ways you can support your child

- * Help your child to recognise their own name
- * Share stories, nursery rhymes and songs together
- * Help to develop your child's hand strength (fine motor skills) through making Lego models, using scissors, threading beads and drawing and colouring
- * Introduce your child to numbers - what numbers can you find around the house and share counting songs
- * Practise shape names and go on a shape hunt
- * Enjoy extended play together including activities with opportunities to share
- * Practise giving your child simple instructions to follow



The Road To School

This tracker helps you and your child prepare for school.



A copy of the School Readiness Road Map is on the school website

Preparing for School

*Please ensure ALL school uniform and PE Kits are clearly labelled and relabel them throughout the school year.

* Please purchase a book bag and your child's 'house' PE top.

* Purchase a water bottle and name it.

* Register your child onto the school milk scheme. *Cool Milk*

* Please return all documents to the school office promptly.

And finally...

* It is completely normal for you and your child to feel nervous. Please do not worry! Try to speak positively about the transition as children are more likely to be excited if you are enthusiastic and positive.

* Although the transition process is slightly different from most years, we will make the transition to school as enjoyable and smooth as possible.



I am very excited to meet you all.

If you have any questions or queries please contact the school office.

See you soon
Miss Yardley 😊